REDUCE YOUR PLASTIC USE

1/23/2024

This is a list of companies and items Becky Ross of 100Grannies has used and liked:

**Blueland**

Initially I ordered the laundry starter set which includes a cute tin container.

Dishwasher starter set includes a different shape and color tin.

Toilet Bowl Cleaner starter set includes another shape and color tin.

There are refills for each of these sets that comes in paper packaging.

**Grove.co**

Glass spray or pump bottles with a silicone cover for the bottom.

The cleaners for the glass bottles come in small tin bottles of concentrated cleaning solution.

The hand soap and dish soap come in large tin bottles.

Peach (brand name) deodorant comes in metal container and you can buy refills.

Peach also has shampoo and hair conditioner bars that come in a cardboard box.

I use the Recycled Ocean Plastic Razor that comes with 5 blades and you can buy replacement blades. They now have a couple different metal razors.

Facial Tissues Cube box is made from 100% recycled paper.

**Mightynest**

3 pack of dryer balls (use these instead of fabric softeners)

Silicone lids for bake ware and bowls – no need for plastic wrap!

Silicone lids for bowls.

Food Huggers used for half used fruits or veggies like apples, onions avocados. (made of silicone)

Stasher silicone bags are great for lunch or snack items to take with you or store in the fridge.

Keep Leaf Bags are fabric bags with Velcro closures. I believe the fabric is treated with bees wax.

Lys Square glass food storage are small but great if you have just a little

Something that you want to save.

Bamboo cutting boards Bamboo has natural antimicrobial properties that make it much easier to keep germ free. They make great cutting boards and are very popular today. Just don't buy one that used formaldehyde or glue as that may leech into your food.

Bamboo utensils in fabric case to take downtown when there is a festival with food trucks and you won’t need their plastic utensils!

Bamboo and Palm fiber pot scrubber

Bamboo toothbrushes

Dentla Lace comes in a small glass container and you can buy refills.

Nutricare bamboo bandages

Stainless Steele containers for storage or use as take out containers for your leftovers from a restaurant.

**Hello**

Hello toothpaste tabs can be ordered through Target. I don’t think they

have them in the store.

**Root Pretty**

is a makeup, skin care and hair “Iowa” company. Their products are natural and organic. They do use plastic for most of their products, but I think they are trying to move away from that. One of the products I use on a daily basis is now in glass.

**Who Gives a Crap**

Toilet paper that is not wrapped in any plastic and comes in a cardboard box. You can order either recycled paper or bamboo paper.

They also have tissues.

**Chagrin Valley Soap & Salve Company**

My favorite shampoo is "Coconut Milk Shampoo" from Chagrin Valley Soap & Salve Company.  It comes in a cardboard box.  I love it - it lathers up really well and my hair seems to like it too.

Please google these companies and you might find other items you want to try. I’m not getting paid for promoting these companies!!!

You may want to post your own list to 100Grannies.org

Becky Ross

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