

## Tofu Steaks

Marinate 1/2 lb firm tofu for at least 8 hours in:

1/4 c sesame oil

2 Tbsp soy sauce

1/2 Tbsp red wine vinegar

2-3 garlic cloves, crushed

1/2 tsp each coriander, black pepper

3/8 Tbsp basil, and margoram

3/8 tsp fresh ginger

After tofu has soaked in the marinade, fry it on a griddle in it's own juice until it is golden brown on both sides