



4 tbsp of chickpea flour + 4 tbsp. of water



3 tbsp of aquafaba



1/4 cup of soft tofu or vegan yogurt



2 tbsp of corn starch + 2 tbsp. of water



1 tbsp of chia or flaxseed + 3 tablespoons of water



3 tbsp of peanut butter or any nut butter

1/4 cup applesauce



WAYS TO REPLACE AN EGG IN BAKING

Each portion equals one egg



1 tbsp of vinegar + 1 tbsp of baking soda

1/4 cup avocado or mashed banana

